

Student: _____
 ID #: _____ Major: _____



EXERCISE SCIENCE

POST-BACCALAUREATE CERTIFICATE

Credits required: 25

Academic Year 2024-2025

Note: 2.2 GPA in the certificate

Course Code	Course Title	Credits	Gr	Cr	Tm
Required Exercise Science Courses:					
EXS 265	Fitness Formats and Trends	3			
EXS 275	Strength Training & Conditioning Methods	3			
EXS 285	Personal Training Certification Preparation	4			
EXS 385	Modern Health and Wellness	3			
Required Biology Courses:					
BIO 234	Anatomy and Physiology I and Lab	4			
BIO 235	Anatomy and Physiology II and Lab	4			
PSY 310	Behavioral Science Statistics	4			