

Student: _____
 ID #: _____ Major: _____



EXERCISE SCIENCE

MINOR

Credits required: 22

Academic Year 2024-2025

Note: 2.2 GPA in the minor and 2.0 GPA overall.

Course Code	Course Title	Credits	Gr	Cr	Tm
EXS 275	Strength Training and Conditioning	3			
EXS 285 or	Personal Training Certification Preparation or	4 or			
EXS 286	Group Fitness Instructor Certification Preparation	3			
EXS 385	Modern Health and Wellness	3			
PSY 103	Introduction to Psychology	4			
PSY 340	Foundations of Sport Psychology	3			
Take 6 elective Exercise Science credits		6			