

Student: _____
 ID #: _____ Major: _____



The 4 Cs Core Curriculum Guide

Credits required: 30-36 credits

Academic Year 2026-2027

Requirements within each of the 4 Cs	Met	Credits	Gr	Cr	Tm
COMPETENCY (9-15 credits)	<input type="checkbox"/>				
FYS 100 - First Year Seminar (waived for Transfer students with 15 cr.)		3			
ENG 110 - Introduction to College Writing (can be met by transfer or higher placement)		3			
ENG 120 - College Research Writing		3			
COM 105 - Professional Presentations		3			
Mathematics - MAT 104 or above (3 credits)		3			
COMMUNITY AND COMPASSION (15 credits – 3 credits/group)	<input type="checkbox"/>				
See My Mount Mary Scheduling tools for category course list.	<input type="checkbox"/>				
Artistic Inquiry (ai)		3			
Human Connection (hc)		3			
Civic Engagement (ce)		3			
Scientific Inquiry (si)		3			
Global Perspectives (gp)		3			
GP includes a world language requirement: Met / Unmet					
COMMITMENT (6 credits)	<input type="checkbox"/>				
BUS 205 - Personal Finance		3			
Theology - Any core Theology course (3 credits)		3			
OTHER GRADUATION REQUIREMENTS (Additional information in the University catalog.)	<input type="checkbox"/>				
120 total credits required for graduation unless an accelerated program					

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ART THERAPY

MAJOR

Credits required: 57

Academic Year 2026-2027

Note: 3.0 GPA, Service Learning OR Internship in the community, and a capstone senior project are required.

Course Code	Course Title	Credits	Gr	Cr	Tm
	Art Group				
ART 101	Drawing	3			
ART 105	Two-Dimensional Design and Color Theory	3			
ART 205	Ceramics	3			
ART 220	Three-Dimensional Design	3			
ART 226 or ART 367	Painting or Watercolor	3			
ART	Choose 1 additional 3 credit course from Studio Art offerings	3			
ART ____	Choose 1, 3 credit art history course (ART 231 OR ART 232 OR ART 320)	3			
	Psychology Group				
SWK 210	Race, Gender, and Class	3			
SOC 220	Conflict Transformation & Peacebuilding	3			
PSY 103	Introductory Psychology	3			
PSY 214	Developmental Psychology	3			
PSY 325	Psych Disorders & Mental Health	3			
PSY 365	Psychology of Personality	3			
	Art Therapy Group				
ATH 201	Introduction to Art Therapy (Reserved for ATH majors & minors)	3			
ATH 230	Media & Methods in Art Therapy (Prerequisites: ATH 201 or ATH 275)	3			
ATH 332	Multicultural Arts	3			
ATH 345 or ATH 495	Service Learning (Prerequisites: ATH 201 or ATH 275, ATH 230, ATH 390) or Internship (Prerequisites: ATH 201, ATH 230, ATH 390)	2 or 2			
ATH 375	Special Topics in Art Therapy	1 -3			
ATH 390	Community Art Facilitation (Prerequisites: ATH 201 or ATH 275, ATH 230)	3			
ATH 497	Professional & Ethical Considerations in Art Therapy (Prerequisites: ATH 201 or ATH 275)	3			
ATH 498	Senior Capstone (hybrid: online synchronous & on campus) (Prerequisites: ATH 210, ATH 230, ATH 345 or ATH 495, ATH 390, ATH 497)	2			