

Student: _____
 ID #: _____ Major: _____



The 4 Cs Core Curriculum Guide

Credits required: 30-36 credits

Academic Year 2026-2027

Requirements within each of the 4 Cs	Met	Credits	Gr	Cr	Tm
COMPETENCY (9-15 credits)	<input type="checkbox"/>				
FYS 100 - First Year Seminar (waived for Transfer students with 15 cr.)		3			
ENG 110 - Introduction to College Writing (can be met by transfer or higher placement)		3			
ENG 120 - College Research Writing		3			
COM 105 - Professional Presentations		3			
Mathematics - MAT 104 or above (3 credits)		3			
COMMUNITY AND COMPASSION (15 credits – 3 credits/group)	<input type="checkbox"/>				
See My Mount Mary Scheduling tools for category course list.	<input type="checkbox"/>				
Artistic Inquiry (ai)		3			
Human Connection (hc)		3			
Civic Engagement (ce)		3			
Scientific Inquiry (si)		3			
Global Perspectives (gp)		3			
GP includes a world language requirement: Met / Unmet					
COMMITMENT (6 credits)	<input type="checkbox"/>				
BUS 205 - Personal Finance		3			
Theology - Any core Theology course (3 credits)		3			
OTHER GRADUATION REQUIREMENTS (Additional information in the University catalog.)	<input type="checkbox"/>				
120 total credits required for graduation unless an accelerated program					

Student: _____
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BIOCHEMISTRY FOOD SCIENCE SEQUENCE

MAJOR

Credits required: 70

Academic Year 2026-2027

Note: 2.2 GPA in the major and 2.0 GPA overall

Course Code	Course Title	Credits	Gr	Cr	Tm
	Required Biology courses				
BIO 100	Introduction to Cell and Molecular Biology and Lab	4			
BIO 325	Microbiology and Lab	4			
BIO 337	Genetics and Lab	4			
BIO 442	Advanced Microbiology	4			
BIO 493	Biology Seminar	1			
	Required Chemistry courses				
CHE 113	General Chemistry I and Lab	4			
CHE 114	General Chemistry II and Lab	4			
CHE 222	Instrumental Quantitative Analysis and Lab	4			
CHE 333	Organic Chemistry and Lab	4			
CHE 352	Biochemistry and Lab	4			
	Other requirements				
DTS 201	Food Science	3			
FSC 362	Food Science Nutrition	4			
FSC 440	Food Chemistry and Lab I	4			
FSC 442	Food Chemistry and Lab II	4			
MAT 111	Algebra I	4			
PHY 201	Physics I and Lab	4			
PHY 202	Physics II and Lab	4			
SCI 107	Introduction to the Major	1			
SCI 108	Flourishing in the Sciences	1			
PSY 310 or MAT 216	Behavioral Science Statistics or Statistics	4			