

Student: _____
 ID #: _____ Major: _____



The 4 Cs Core Curriculum Guide

Credits required: 30-36 credits

Academic Year 2026-2027

Requirements within each of the 4 Cs	Met	Credits	Gr	Cr	Tm
COMPETENCY (9-15 credits)	<input type="checkbox"/>				
FYS 100 - First Year Seminar (waived for Transfer students with 15 cr.)		3			
ENG 110 - Introduction to College Writing (can be met by transfer or higher placement)		3			
ENG 120 - College Research Writing		3			
COM 105 - Professional Presentations		3			
Mathematics - MAT 104 or above (3 credits)		3			
COMMUNITY AND COMPASSION (15 credits – 3 credits/group)	<input type="checkbox"/>				
See My Mount Mary Scheduling tools for category course list.	<input type="checkbox"/>				
Artistic Inquiry (ai)		3			
Human Connection (hc)		3			
Civic Engagement (ce)		3			
Scientific Inquiry (si)		3			
Global Perspectives (gp)		3			
GP includes a world language requirement: Met / Unmet					
COMMITMENT (6 credits)	<input type="checkbox"/>				
BUS 205 - Personal Finance		3			
Theology - Any core Theology course (3 credits)		3			
OTHER GRADUATION REQUIREMENTS (Additional information in the University catalog.)	<input type="checkbox"/>				
120 total credits required for graduation unless an accelerated program					

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**COMMUNICATION
 HEALTH STUDIES CONCENTRATION**

MAJOR

Credits required: 37

Academic Year 2026-2027

Note: 2.5 GPA for courses in the major, internship.

Course Code	Course Title	Credits	Gr	Cr	Tm
BUS 109	Data and Digital Literacy	3			
COM 235	Intercultural Communication	3			
COM 270	Integrated Marketing Communication	3			
COM 330	Health Communication	3			
COM 343	Persuasive Communication	3			
COM 355	Crisis Communication	3			
COM 410	Research Methods	3			
COM 494	Capstone Experience	3			
COM 498	Internship	1			
	COM elective - choose 12 credits from the following:				
COM 150	Introduction to Digital Marketing	3			
COM 231	Interpersonal Communication	3			
COM 232	Team Communication & Leadership	3			
COM 280	Going Viral and Growth Hacking	3			
COM 301	Introduction to Public Relations	3			
COM 310	Gender Communication	3			
COM 320	Organizational Communication and Behavior	3			
COM 340	Social Media Marketing	3			
COM 350	Global Marketing	3			
COM 420	Brand Strategy	3			
COM 491	Strategic Public Relations Management	3			
COM 365	Selected Topics in Communication	3			
ITS 110	AI for Everyone	3			
PSY 323	Health Psychology	3			
THY 350	Theological Ethics in Healthcare	4			