

# Compass Year

## Academic Year 2022-2023

The Compass Year Program is an evidence-based program designed to help college students find their majors while progressing toward a degree, reducing their time to completion (graduation). Any student who has not declared a major is eligible to participate in the specialized events, coaching, programming, workshops and classes.

Features of the Undecided Program include

- Evidence-based and Strengths-based programming
- Major exploration through
  - Classes which also count toward their degree
  - Guest speakers from many professions
  - Experiential Learning (job shadowing, internships)
- Cohort model (which also leads to better persistence to graduation)

Compass Year students also benefit from specially trained admissions counselors, faculty advisors, and the Academic and Career Development staff who all offer support and guidance throughout students' studies at Mount Mary University.

### **Summer Jump Start**

The week prior to the Fall semester starting, first year students enrolled in the Compass Year Program will engage in team building activities, field trips and career discernment assignments and events to get a “jump start” on choosing a major. The summer session is heavily made up of self-exploration including assessing for interests, values, skills and personality in an engaging, cohort based format. \*Required for all students receiving a Compass Year Scholarship.