

CORE CURRICULUM GUIDE

Credits required: 43

Academic Year 2024-2025

Realms and Additional requirements	Met	Credits	Gr	Cr	Tm
LEADERSHIP REQUIREMENT (Waived for those with ≥ 15 credits or ≥ 24 years of age. Not waived for the RN to BSN or Nursing 1-2-1 Program.)					
Leadership for Social Justice Seminar (SYM 110) (W = waived)		3			
PHILOSOPHY/THEOLOGY (sea, phi, thy) (min 10 credits)					
Search for Meaning (sea) (SEA 101)		4			
Philosophy (phi)		3-4			
Theology (thy)		3-4			
COMMUNICATIONS/MATH (cm) (min. 9 credits)					
College Research Writing (ENG 120)		3			
Professional Presentations (COM 105)		3			
College Level Math (MAT 104 or higher)		3-4			
World Language (3 credits or equivalency fulfilled)		3			
LITERATURE/FINE ARTS (lit, fa) (min. 9 credits)					
Fine Arts (fa) (min. 3 cr. of music, art, or dance)		3-4			
Literature (lit) (min. 3 cr.)		3-4			
Option (lit or fa) (min. 2 cr.)		2-4			
HUMANISTICS (his, bes, hum) (min. 9 credits)					
Behavioral Science (bes) (min. 3 cr.)		3-4			
History (his) (min. 3 cr.)		3-4			
Option (his, bes, hum) (min. 3 cr.)		3-4			
SCIENCES (sci, bio, che, phy) (min. 3 credits)					
Earth science, biology, chemistry, or physics (min. 3 cr.)		3-4			
OTHER GRADUATION REQUIREMENTS (Additional information in the University bulletin.)					
120 total credits required for graduation.					
42 Core credits required for graduation (39 if LSJ is waived).					
GLOBAL - One "global-designated" course (g) (minimum 3 credits). Transfer courses do not qualify.					

Compass Year

The Compass Year Program is an evidence-based program designed to help college students find their majors while progressing toward a degree, reducing their time to completion (graduation). Any student who has not declared a major is eligible to participate in the specialized events, coaching, programming, workshops, and classes.

Features of the Undecided Program include:

- Evidence-based and Strengths-based programming
- Major exploration through:
 - Classes which also count toward their degree
 - Guest speakers from many professions
 - Experiential Learning (job shadowing and internships)
- Cohort model (which also leads to better persistence to graduation).

Compass Year students also benefit from specially trained admissions counselors, faculty advisors, and the Academic and Career Development staff who all offer support and guidance throughout students' studies at Mount Mary University.

Summer Jump Start

The week prior to the Fall semester starting, first year students enrolled in the Compass Year Program will engage in team building activities, field trips and career discernment assignments and events to get a “jump start” on choosing a major. The summer session consists of multiple options for self-exploration including assessing for interests, values, skills and personality in an engaging, cohort based format. *Required for all students receiving a Compass Year Scholarship.