Student: _____
ID #: _____ Major: _____

Mount Mary UNIVERSITY

The 4 Cs Core Curriculum Guide

Credits required: 30-36 credits Academic Year 2026-2027

Requirements within each of the 4 Cs	Met	Credits	Gr	Cr	Tm
COMPETENCY (9-15 credits)					
FYS 100 - First Year Seminar (waived for Transfer students with 15 cr.)		3			
ENG 110 - Introduction to College Writing (can be met by transfer or higher placement)		3			
ENG 120 - College Research Writing		3			
COM 105 - Professional Presentations		3			
Mathematics - MAT 104 or above (3 credits)		3			
COMMUNITY AND COMPASSION (15 credits – 3 credits/group)					
See My Mount Mary Scheduling tools for category course list.					
Artistic Inquiry (ai)		3			
Global Perspectives (gp)		3			
GP includes a world language requirement: Met / Unmet					
Human Connection (hc)		3			
Civic Engagement (ce)		3			
Scientific Inquiry (si)		3			
COMMITMENT (6 credits)					
BUS 205 - Personal Finance		3			
Theology - Any core Theology course (3 credits)		3			
OTHER GRADUATION REQUIREMENTS (Additional information in the University catalog.)					
120 total credits required for graduation					

Student: _____
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Compass Year

The Compass Year Program is an evidence-based program designed to help college students find their majors while progressing toward a degree, reducing their time to completion (graduation). Any student who has not declared a major is eligible to participate in the specialized events, coaching, programming, workshops, and classes.

Features of the Undecided Program include:

- Evidence-based and Strengths-based programming
- Major exploration through:
    - Classes which also count toward their degree
    - Guest speakers from many professions
    - Experiential Learning (job shadowing and internships)
- Cohort model (which also leads to better persistence to graduation).

Compass Year students also benefit from specially trained admissions counselors, faculty advisors, and the Academic and Career Development staff who all offer support and guidance throughout students' studies at Mount Mary University.

Summer Jump Start
The week prior to the Fall semester starting, first year students enrolled in the Compass Year Program will engage in team building activities, field trips and career discernment assignments and events to get a "jump start" on choosing a major. The summer session consists of multiple options for self-exploration including assessing for interests, values, skills and personality in an engaging, cohort-based format. The Summer Jump Start is required for all students receiving a Compass Year Scholarship.