Student: _____
ID #: _____ Major: _____

EXERCISE SCIENCE **POST-BACCALAUREATE CERTIFICATE**

Credits required: 25 Academic Year 2026-2027

Course Code	Course Title	Credits	Gr	Cr	Tm
BIO 234	Anatomy and Physiology I and Lab	4			
BIO 235	Anatomy and Physiology II and Lab	4			
EXS 265	Fitness Formats and Trends	3			
EXS 275	Strength Training & Conditioning Methods	3			
EXS 285	Personal Training Certification Preparation	4			
EXS 385	Modern Health and Wellness	3			
PSY 310 or MAT 216	Behavioral Science Statistics or Statistics	4			

This guide is not intended for official use.