Forward Choices, LLC

ADDRESS: 6040 W. Lisbon Avenue – Suite 103
Milwaukee, WI 53210

PHONE: 414-442-1751
FAX: 414-442-1775

SUPERVISOR/CONTACT PERSON: Michael Wallner, MS, LPC
DIRECT PHONE #: 414-442-1751
EMAIL: forwardchoicesllc@att.net

CLIENT POPULATION SERVED:
Adolescents, Adults, Children, Families, Women with Children

WHAT DAYS/HOURS ARE AVAILABLE FOR STUDENT INTERNS TO WORK?
PLEASE INCLUDE WEEKEND AND EVENING AVAILABILITY:

IS THERE A CREDENTIALED, ON-SITE SUPERVISOR AVAILABLE TO SUPERVISE SUBSTANCE
ABUSE COUNSELOR – IN TRAINING (SAC-IT) STUDENTS? YES ☐ NO ☐

REQUIREMENTS FOR STUDENT INTERN PLACEMENT:
Pre-placement Interview and Acceptance

INTERNSHIP JOB DESCRIPTION/EXPECTATIONS:

WEBSITE ADDRESS:

Revised: 11/24/15
Our mission at Forward Choices is to foster and encourage self exploration for personal growth. We provide quality care with a focus on and dedication to your best interests and individual needs.

Forward Choices, LLC is a locally owned and operated clinic for the Milwaukee and Waukesha Communities, offering a variety of outpatient mental health services to children, adolescents and adults. Treatment services are tailored to best serve the needs of each individual and address a wide range of mental health concerns such as:

- ADHD
- Anger Management
- Anxiety
- Behavioral Concerns
- Bereavement
- Biological & Organic Disorders
- Depression
- Family Struggles
- Ineffective Coping
- Obsessive Compulsive Behaviors
- School and Occupational Difficulties
- Trauma / PTSD

**Services Available:**
- Strength-based Initial Assessment
- Individualized Treatment Planning
- Evidence-based Therapeutic Interventions
- Individual Therapy
- Family Therapy
- Adolescent Group Therapy
- Animal Assisted-Therapy
- Clinical Collaboration with primary care physicians, case managers, and psychiatrists
- Emergency Contact Services
- Maximum of 48 hour response to new referrals

We are network providers with many private insurance carriers as well as Medicaid...complete list.

Weekday appointments are available: morning, afternoon and evenings.
**Please call for your Initial Needs Assessment!**

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Call to Speak to Us: 414-442-1751

http://www.forwardchoices.com/
Frequently Asked Questions

How do I know if my insurance covers your services?
The best way to have a clear answer on your available benefits is to call the number on the back of your insurance card. Most insurance companies will be able to tell you over the phone if we are listed in their network. We are listed as a network provider for many insurance companies, find yours here. We are also often able to make fee arrangements with many insurance plans as an out-of-network provider.

What are your hours of availability for services?
We are generally open from 9:00 am until 7:00 pm, Monday through Friday. We will work with you to schedule appointment times that best fit your schedule within our availability.

Does your clinic offer services that include prescription of medications?
We do not offer medication services through our clinic. We will work closely to coordinate services with your primary care physician and/or psychiatrist. If it is seen, after having begun to receive services through our clinic, that your best interests may be served through an evaluation with a psychiatrist, we will work with you and your insurance company to find a physician currently accepting new referrals.

Do you offer specific counseling services such as play therapy, art therapy, cognitive behavioral therapy etc?
Each of our individual counseling staff members have received training in different areas of therapeutic care. Upon completion of initial screening and review of your requests for types of services, we work diligently to assign a counselor that possess the skills and background to best fit your needs.

What are the age limits regarding clientele that you serve?
The general age range of clients we serve covers a span beginning at four years of age with no specific age limit for the aging adult.

Have a question which is not answered above? Ask it here.
Meet Our Staff: **Michael L. Wallner - Jennifer L. Stagg - Amy M. Lemberger**

**Michael L. Wallner MS, LPC, NCC**

I have worked in the field of Mental Health Counseling for over ten years and have extensive experience working with adults, families, adolescents and children. I received much of my clinical training and experience working in inpatient hospital, residential treatment and outpatient treatment settings. During that time I held a variety of professional positions, received quality supervision and completed my Masters Degree in Community Counseling.

I founded Forward Choices in order to create opportunities to better serve the mental health needs of local families, children and adolescents. As a small community clinic, we are better able to focus our attention according to your best interests and individual needs.

I also serve as an adjunct instructor for Lakeland college in the Masters level counseling program. I have found it to be rewarding to witness the progress of the clientele that we serve through Forward Choices. During my own free time I take time to immerse myself in individual hobbies of automobile restoration, cooking, personal study, and engagement in wellness activities.

Founder & Owner - Forward Choices, LLC  
Licensed Professional Counselor (LPC)  
Nationally Certified Counselor (NCC)  
Adjunct Instructor - Lakeland College - Milwaukee, WI

Masters of Science - University Wisconsin  
Degree in Educational Psychology, Focus on Community Counseling

Bachelors of Arts - University of Wisconsin  
Dual Major Degree in Psychology & Philosophy

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http://www.forwardchoices.com/MichaelL.Wallner.html  
2/18/2013
Meet Our Staff: Michael L. Wallner - Jennifer L. Stagg - Amy M. Lemberger

Jennifer Stagg MSW

I have worked in the field of Mental Health Counseling for over twelve years working with children, adolescents and families. In addition to my extensive education, training and experience in counseling and child welfare, I have developed my personal interest in animal assisted therapy through research and training two of my own dogs to be the start of my own therapy dog program, Helping Paws.

Joining Forward Choices has enabled me to more directly serve the mental health needs of children and adolescents. Being a part of a small community clinic allows me to focus treatment according to your best interests and individual needs. Part of my focus at Forward Choices has been to work with pre-teen and teen girls' adolescent issues including anxiety, depression, low self-esteem, and academic challenges.

I am also a dog breeder, conformation competitor, and trainer of Australian Shepherds. I also share my free time with my retired racehorse training in classical dressage. I have also volunteered with developmentally delayed adults and autistic clients of various ages using both therapy dogs and horses.

Previous Positions Held:
- Insight Counseling Services: Individual & Family Therapist
- Bureau of Milwaukee Child Welfare, La Causa: Ongoing Case Manager, Ongoing Supervisor, Safety Services Manager
- Masters of Social Work - University Wisconsin, Milwaukee
- Bachelors of Arts - Alverno College
- Dual majors: English, Psychology, Social Science

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http://www.forwardchoices.com/JenniferStagg.html
Meet Our Staff: Michael L. Wallner - Jennifer L. Stagg - Amy M. Lemberger

Amy M. Lemberger

I have been working in the mental health field for 7 years and have experience working with children and their families in a variety of settings including hospitals, residential treatment, and community based services. I am able to see children as young as 4 years old struggling with aggressive behaviors, anxiety, depression, or have a history of trauma. Though I work with children I am also trained in family and couples therapy.

Working with couples is what first interested me in this line of work. In my training I have learned how to improve emotional awareness within a couple to make them a stronger, more effective unit. Working for Forward Choices has allowed me to work more with couples and give them my undivided attention to critical issues such as marital conflict, partner abuse, and infidelity. My belief is the family works together as a system and I involve the family when possible in the treatment process. I focus on how the family communicates with one another and how these messages may be influencing undesired or negative behaviors. With young children I use play techniques and art therapy activities to build a positive relationship and gain insight as to how they are feeling.

Relationships I build with my clients and coworkers are very important to me, as they are in my personal life. During my free time I really enjoy spending time with my family and friends. I am a big Packer fan and I like having people over to watch the game (unless they are losing). I really enjoy being outside during the summer; gardening and running are always on my list of things to do. I also love playing music, it's something that I have been doing most of my life, and I continue to do today.

Masters Degree in Marriage and Family Therapy - Northern Illinois University
Bachelors Degree in Psychology and Human Development - UW-Green Bay

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http://www.forwardchoices.com/AmyMLemberger.html

2/18/2013