Student: _____
ID #: _____ Major: _____

Mount Mary UNIVERSITY

The 4 Cs Core Curriculum Guide

Credits required: 30-36 credits Academic Year 2026-2027

Requirements within each of the 4 Cs	Met	Credits	Gr	Cr	Tm
COMPETENCY (9-15 credits)					
FYS 100 - First Year Seminar (waived for Transfer students with 15 cr.)		3			
ENG 110 - Introduction to College Writing (can be met by transfer or higher placement)		3			
ENG 120 - College Research Writing		3			
COM 105 - Professional Presentations		3			
Mathematics - MAT 104 or above (3 credits)		3			
COMMUNITY AND COMPASSION (15 credits – 3 credits/group)					
See My Mount Mary Scheduling tools for category course list.					
Artistic Inquiry (ai)		3			
Global Perspectives (gp)		3			
GP includes a world language requirement: Met / Unmet					
Human Connection (hc)		3			
Civic Engagement (ce)		3			
Scientific Inquiry (si)		3			
COMMITMENT (6 credits)					
BUS 205 - Personal Finance		3			
Theology - Any core Theology course (3 credits)		3			
OTHER GRADUATION REQUIREMENTS (Additional information in the University catalog.)					
120 total credits required for graduation					

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GLOBAL STUDIES: PRE-GLOBAL HEALTH EQUITY **MAJOR**

Credits required: 39 Academic Year 2026-2027

Note: Students should apply to the Master of Global Health Equity (GHE) program at the Medical College of Wisconsin (MCW) by April 1 of their junior year. A 3.0 GPA overall, application, official transcript, 3 letters of recommendation, and a personal statement will be required to apply to the (GHE) program. Students should work closely with their advisors during the application process. Upon completion of the major listed here, students will receive a Bachelor of Arts degree from Mount Mary. After graduation from Mount Mary, these students continue as graduate students at the MCW for approximately one additional year until they complete the GHE program.

Students must have at least three weeks of study or work (paid, service learning and/or internship) in a Spanish-speaking country.

*These courses must be completed by April 1st of junior year.

Course Code	Course Title	Credits	Gr	Cr	Tm
ANT 102	Cultural Anthropology	3			
BUS 302	Macroeconomics	3			
BUS 303	International Business and Economics	3			
COM 235	Intercultural Communication	3			
HIS 383	People and the Planet	3			
HUM 386	United Nations	3			
GLO 200	Introduction to Global Studies	3			
GLO 400	Global Studies Seminar	3			
POS	Any 3 credits in Political Science	3			
	Choose 1 of the following Non-Western History courses:				
HIS 107	World Civilization Part II	3			
HIS 260	Latin America History and Culture	3			
HIS 270	Modern Asian History and Culture	3			
HIS 275	African History and Culture	3			
HIS 280	Middle East History and Culture	3			
	Choose 1 of the following Conflict Mediation courses				
SOC 220	Conflict Transformation and Peacebuilding	3			
SOC 242	Peace and Conflict in the International Context	3			
SOC 479	Conflict Mediation for Professionals	3			
	2 semesters World Language (not ASL)				
	Recommended courses to fulfill one core area (3 credits)				
ANT 102*	Cultural Anthropology	3			
ANT 395*	Special Topics in Anthropology	2-4			
ANT 495*	Special Topics in Anthropology	2-4			
SOC 101*	Introductory Sociology	3			
SOC 220*	Conflict Transformation and Peacebuilding	3			

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SOC 479*	Conflict Mediation for Professionals	3			
	Recommended courses to fulfill SCI or SI core (3 credits)				
BIO100*	Introduction to Cell and Molecular Biology	4			
BIO102*	Introduction to Ecology and Evolutionary Biology	4			
BIO105*	Current Concepts in Biology	3			
	Choose *one* the following Statistics courses (3-4 credits)				
MAT 208*	Statistical Literacy	3			
MAT 216*	Statistics	4			
PSY 310*	Behavioral Science Statistics	4			
	MCW Global Health Equity courses:				
MCW XXX	Introduction to Global Health Equity (Fall, Senior Year)	3			
MCW XXX	Epidemiology Research Methods (Fall, Senior Year)	2			
MCW XXX	Statistics for Global Health (Spring, Senior Year)	3			
MCW XXX	MCW GHE Elective (Spring, Senior Year)	2-3			

This guide is not intended for official use.