Hand in Hand Program
(A Pathfinder’s Program)

ADDRESS:  
PHONE:  
FAX:  

SUPERVISOR/CONTACT PERSON:  Susan Raines, MSW  
DIRECT PHONE #:  414-988-6870  
EMAIL:  sraines@pathfindersmke.org

SUPERVISOR/CONTACT PERSON:  Luci Staudacher, LCSW (Hand-in-Hand Program Manager)  
DIRECT PHONE #:  414-963-6317  
EMAIL:  lstaudacher@pathfindersmke.org

CLIENT POPULATION SERVED: Young survivors of sexual abuse (under 17 years old)

WHAT DAYS/HOURS ARE AVAILABLE FOR STUDENT INTERNS TO WORK? PLEASE INCLUDE WEEKEND AND EVENING AVAILABILITY:

IS THERE A CREDENTIALED, ON-SITE SUPERVISOR AVAILABLE TO SUPERVISE SUBSTANCE ABUSE COUNSELOR – IN TRAINING (SAC-IT) STUDENTS?  YES ☐  NO ☐

REQUIREMENTS FOR STUDENT INTERN PLACEMENT:  
Pre-placement Interview and Acceptance  
LCSW/Master’s level  
Cannot be first placement

INTERNESHIP JOB DESCRIPTION/EXPECTATIONS:


Revised: 4/4/16
HAND-IN-HAND

HAND-IN-HAND IS MILWAUKEE’S OLDEST, MOST COMPREHENSIVE ONGOING COUNSELING PROGRAM FOR SEXUAL ABUSE SURVIVORS AGES 6-17.

Hand-in-Hand focuses on assisting youth heal from the abuse, better understand common reactions to trauma, and find new ways to cope and manage the symptoms of abuse. The Program also works with families to ensure the safety and healing of youth who have been sexually abused.

Pathfinders’ Hand-in-Hand program provides research-based therapeutic intervention and education for youth to prevent and heal the trauma of sexual assault. Hand-in-Hand provides effective group, individual and family counseling, case management, prevention education, and supportive services to youth at risk of the long term, crippling effects of sexual abuse.

Last year, 70 youth and their families received counseling and support, and 94% demonstrated healthier coping strategies for overcoming their sexual abuse.

Read a few Stories of Change from Hand-in-Hand.

Contact Pathfinders for more information on our Hand-in-Hand program, 414-964-2565 or send us a message.

LOCATIONS

Pathfinders
4200 North Holton St., Suite 400
Milwaukee, WI 53212
Phone: 414-964-2565
Fax: 414-964-0102
TDD: 414-964-4633
info@pathfindersmke.org

Drop-In Center
4200 North Holton St., Suite 400
Milwaukee, WI 53212
Phone: 414-964-2565
Fax: 414-964-0102
TDD: 414-964-4633
info@pathfindersmke.org

Rosalie Center
4200 North Holton St., Suite 400
Milwaukee, WI 53212
Phone: 414-964-2565
Fax: 414-964-0102
TDD: 414-964-4633
info@pathfindersmke.org

Emergency Youth Shelter
1914 East Kone Pl.
Milwaukee, WI 53202
Phone: 414-271-1560
Fax: 414-271-1931

Southeastern Education Center
295 W. Capitol Drive
Milwaukee, WI 53212
Phone: 414-875-9452
Fax: 414-875-9034

http://pathfindersmke.org/services/hand-in-hand/
HAND-IN-HAND

STORIES OF CHANGE: HAND-IN-HAND

Krista

Krista is a 13 year old who was referred to Hand-in-Hand (HHH) after being chronically sexually and physically abused, and mentally tormented by her biological father for many years. As a result of the abuse, Krista was an extremely angry child who engaged in self-harming behavior, including cutting. She also had several suicide attempts and suffered from low self-esteem and hopelessness. She blamed herself for the sexual abuse of both herself and her siblings.

The treatment plan began with helping Krista to better understand that the sexual abuse was not her fault. As individual therapy continued, Krista struggled. Due to the risk of increased suicidal tendencies, she was referred to brief in-patient hospitalization and day treatment programming.

Upon completing her day treatment programming, Krista returned to Hand in Hand. After her return, she participated in weekly individual and group therapy, visited a psychiatrist regularly, and took prescribed mood stabilizing medication to help manage her symptoms of depression. Krista's was no longer cutting herself. However, her progress in therapy was slow. She struggled with feelings of shame, guilt, self-loathing, and responsibility. She felt that her mother was not emotionally supportive, and felt that she was trying to process her emotions all alone. She resisted exploring hard topics because of the vulnerability it evoked. She took pride in being a "tough girl".

Midway through her treatment, Krista completed an activity using family photos describing all the losses she had experienced as a child due to the abuse by her father. While sharing the completed activity with her mother during a family therapy session, Krista's mother shared her guilt and sense of responsibility. This session became a defining moment in Krista's treatment. Krista felt the support she needed to move forward. It was then that Krista allowed herself to be vulnerable and start to explore some of the more difficult topics.

Krista's individual treatment plan was revised to include trauma focused-cognitive behavioral therapy to assist her with thinking errors, responsibility, and guilt. As a result, she felt less responsible and the guilt began to dissipate. She also began to realize how her perceptions of herself were products of the abuse she suffered. She no longer reported suicidal thoughts and began to flourish in her relationship with her mother, siblings, and her peers.

Krista and her HHH Therapist began to reduce her individual sessions to bi-weekly and then monthly. Krista and her psychiatrist began to adjust her medication to a lower dosage, eventually no longer needing medication for depression. Krista recently signed up to take a class trip to Costa Rica, and after 2½ consecutive years of therapy in the Hand-in-Hand Program, she successfully completed treatment in June 2013.

Learn more about Hand-in-Hand.

http://pathfindersmke.org/stories-of-change/hand-in-hand/
LOCATIONS

Pathfinders
4200 North Holton St.
Suite 400
Milwaukee, WI 53212
Phone: 414-964-2565
Fax: 414-964-0102
TDD: 414-964-4633
info@pathfindersmke.org

Drop-In Center
4200 North Holton St.
Suite 400
Milwaukee, WI 53212
Phone: 414-964-2565
Fax: 414-964-0102
TDD: 414-964-4633
info@pathfindersmke.org

Rosalie Center
4200 North Holton St.
Suite 400
Milwaukee, WI 53212
Phone: 414-964-2565
Fax: 414-964-0102
TDD: 414-964-4633
info@pathfindersmke.org

Emergency Youth Shelter
1614 East Kane Pl.
Milwaukee, WI 53202
Phone: 414-271-1190
Fax: 414-271-1191
info@pathfindersmke.org

Southeastern Education Center
225 W. Capitol Drive
Milwaukee, WI 53212
Phone: 414-675-9452
Fax: 414-675-9004

Pathfinders is an equal opportunity employer and service delivery organization.
Pathfinders es una empresa no discriminatoria y la organización de la entrega del servicio.