Hope for a Better Tomorrow

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         Waukesha, WI 53188
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Fax: 

Supervisor/Contact Person: Sheila Gissibl
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CLIENT POPULATION SERVED:

WHAT DAYS/HOURS ARE AVAILABLE FOR STUDENT INTERNS TO WORK?
PLEASE INCLUDE WEEKEND AND EVENING AVAILABILITY:

IS THERE A CREDENTIALED, ON-SITE SUPERVISOR AVAILABLE TO SUPERVISE SUBSTANCE ABUSE COUNSELOR – IN TRAINING (SAC-IT) STUDENTS? YES ☐ NO ☐

REQUIREMENTS FOR STUDENT INTERN PLACEMENT:
Pre-placement Interview and Acceptance

INTERNSHIP JOB DESCRIPTION/EXPECTATIONS:

WEBSITE ADDRESS:

Revised: 5/30/18
Hope for a Better Tomorrow
Emotional Health and Holistic Wellness

Welcome.

Therapists are now accepting clients looking for individual services for Cancer Support and Grief & Bereavement Support who used to seek support through Stillwater’s Cancer Support.

**If you are looking for information regarding group Cancer Support or Grief and Bereavement Support, please call us or visit our Links & Resources (scroll down for Grief and Bereavement Support Groups in the Greater Waukesha Area)

Today you are one step closer to a new you where you feel empowered and on a positive path to growth and well-being. We are a Department of Health Services certified Outpatient Mental Health (Chapter 35) and Community Substance Abuse (Chapter 75.13) Clinic and we are proud to offer high quality clinicians for high quality mental health care.

As solution-focused therapists, our goal is to help you uncover your true potential and lead a life that is worth celebrating. While we can’t change difficult situations of the past, we can work together to better understand and resolve challenges in your life. By applying complementary therapy approaches and techniques, we will unearth long-standing behavior patterns or negative perceptions that may be holding you back from experiencing a more fulfilling and meaningful life.

Dr. Sheila Gissibl founded Hope for a Better Tomorrow with a vision and mission to bring Holistic Health to Patient care. In previous treatment settings she found herself frustrated at the lack of collaboration and microscope approach to healthcare. Therefore, she set out to

Waukesha, WI Therapist
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http://www.hopeforabettertomorrow.com/ 5/30/2018
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Services Provided

Providing individual, couples and family counseling.

Treatment specialization includes:

- Individual counseling for Depression and Anxiety
- Couples Counseling
- Family Counseling
- Parenting Support
- Work and Career issues
- Stress Management
- Addiction & Recovery
- Conflict Resolution
- Autism and Developmental Disorders
- EMDR (Eye Movement Desensitization and Reprocessing)
- Brainspotting
  - (See Monthly Focus Page, December 2016)
- Individual counseling for Eating Disorders
  - (See Monthly Focus Page, February 2017)
- Group Therapy
  - Dialectical Behavior Therapy –
    - Tuesday’s from 5:00-6:30pm
      - (See Monthly Focus Page - January 2017)

- The Women’s Recovery Skills Group –
  - (TBD)
    - (See Monthly Focus Page - April 2017)
- Summer Mindfulness Group (TBD)
- Stress Management Focus (TBD)
- Chronic Pain Management Focus (TBD)

Other services provided:

- Holistic Health Consultations (Michael Gissibl)
- Medication Management and Consultation
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Sheila Gissibl is Hope’s Clinic Director and a Psychologist specializing in individual and couples therapy. With a wide variety of experience, and a graduate of Wisconsin School of Professional Psychology, she specializes in anxiety, addictions, depression and bipolar. In addition to being a prominent therapist, she also teaches at Mount Mary University. Dr. Gissibl is an interactive, solution-focused therapist. Her therapeutic approach is to provide support and practical feedback to help clients effectively address personal life challenges. She integrates complimentary methodologies and techniques to offer a highly personalized approach tailored to each client. With compassion and understanding, she works with each individual to help them build on their strengths and attain the personal growth they are committed to accomplishing.

Jessica Niedermayer, MS, NCC, LPC is Hope’s Assistant Clinic Director and a psychotherapist where her practice is rooted in creating goals based on the strengths her clients already possess. She believes in looking for positives, solutions and exceptions while encouraging clients to help meet their personal goals. Jessica’s practice is
experiential, community reinforcement and family systems. Additionally, she is trained in Eye Movement Desensitization and Reprocessing (EMDR). Bonnie provides care for women, particularly dealing with pregnancy and post-partum issues.

Deb Sarnowski, MA, NCC, LPC, CSAC specializes in working with adolescents and adults, specializing in addictions, domestic abuse issues, trauma, relationship difficulties, co-dependency, anxiety and depression. Deb has distinctive experience in helping her clients through life’s transitions, personal trials and relational conflicts. Her compassionate and collaborative approach will assist and support you as you cultivate new skills and build hope for the future.

Dave Sorensen, M.S., M.Div., NCC, LPC-IT brings to his work as a psychotherapist the understanding of a pastor and chaplain who has served in parish, medical, mental health, military, correctional, and geriatric settings. He uses person-centered, strength-based strategies that integrate the latest neuroscience with various psychotherapeutic frameworks. Within a collaborative, safe and supportive relationship he works with clients to clarify and address the emotional, mental, spiritual, relationship or employment issues embedded within their life challenges so that they might reach their identified goals for growth, healing and improved health.

Robert Keehn, MS, NCC, LPC is a psychotherapist working with both adolescents and adults. His specialties include depression, anxiety,
Lindsay Sherwood, LMFT, is a licensed marriage and family therapist who has a specialized background in marriage and family therapy and can help your family from a systemic approach by incorporating individual, couple, and family therapy interventions. In addition to conducting psychotherapy, she is passionate about working with children and their families affected by Autism Spectrum Disorder. Lindsay is one of the few clinicians that is able to administer standardized assessments for Autism Spectrum Disorder (ASD) on children ages 12 months and older. This includes assessments on children over the age of four-year-old, which is a service that most other ABA therapy clinics do not offer. Additionally, she will begin offering psychological evaluations in the near future under the consultation of Sheila Gissibl, PsyD.