Student: _____
ID #: _____ Major: _____

Mount Mary UNIVERSITY

The 4 Cs Core Curriculum Guide

Credits required: 30-36 credits Academic Year 2026-2027

Requirements within each of the 4 Cs	Met	Credits	Gr	Cr	Tm
COMPETENCY (9-15 credits)					
FYS 100 - First Year Seminar (waived for Transfer students with 15 cr.)		3			
ENG 110 - Introduction to College Writing (can be met by transfer or higher placement)		3			
ENG 120 - College Research Writing		3			
COM 105 - Professional Presentations		3			
Mathematics - MAT 104 or above (3 credits)		3			
COMMUNITY AND COMPASSION (15 credits – 3 credits/group)					
See My Mount Mary Scheduling tools for category course list.					
Artistic Inquiry (ai)		3			
Human Connection (hc)		3			
Civic Engagement (ce)		3			
Scientific Inquiry (si)		3			
Global Perspectives (gp)		3			
GP includes a world language requirement: Met / Unmet					
COMMITMENT (6 credits)					
BUS 205 - Personal Finance		3			
Theology - Any core Theology course (3 credits)		3			
OTHER GRADUATION REQUIREMENTS (Additional information in the University catalog.)					
120 total credits required for graduation unless an accelerated program					

Student: _____
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Mount Mary UNIVERSITY

HUMAN BIOLOGY **MAJOR**
PRE-DIETETICS CONCENTRATION

Credits required: 86 Academic Year 2026-2027

Note: Need to earn a "BC" or better in DTS courses. Need to earn a "C" or better in other courses required for the major. In the senior year of the undergraduate degree, students enter master's level courses where students need to earn a minimum of a "B". To progress into the IMSND program, a minimum overall grade point average of 3.0 is required.

Course Code	Course Title	Credits	Gr	Cr	Tm
DTS 152	The Profession of Dietetics	1			
DTS 201	Food Science	3			
DTS 250	Nutrition Principles	4			
DTS 354	Applied Nutrition	3			
DTS 362	Quantity Food Procurement and Production	3			
DTS 465	Community Nutrition	3			
DTS 505	Advanced Human Nutrition: Macronutrients, Micronutrients	3			
DTS 520	Management and Leadership	3			
DTS 564	Medical Nutrition Therapy I	4			
DTS 566	Medical Nutrition Therapy II	4			
DTS 570	Community Nutrition Program Management	2			
DTS 574	Nutrition Research I	3			
DTS 576	Nutrition Communication and Education	2			
DTS 577	Counseling Skills	2			
	Other Required Courses				
BIO 100	Introduction to Cell and Molecular Biology	4			
BIO 201	Cell Biology	3			
BIO 234	Anatomy and Physiology I with Lab	4			
BIO 235	Anatomy and Physiology II with Lab	4			
BIO 325	Microbiology	4			
BIO 337	Genetics	4			
CHE 113	General Chemistry I	4			
CHE 206	Organic and Biochemistry	4			
OCT 201	Medical Terminology	1			
PSY 103	Introductory Psychology	3			
SOC 101	Introductory Sociology	3			
MAT 111	Algebra II	4			
MAT 216 **or** PSY 310	Statistics **or** Behavioral Science Statistics	4			
	Optional Courses:				
	Dietetics Electives	3			