

Student: _____
 ID #: _____ Major: _____



The 4 Cs Core Curriculum Guide

Credits required: 30-36 credits

Academic Year 2026-2027

Requirements within each of the 4 Cs	Met	Credits	Gr	Cr	Tm
COMPETENCY (9-15 credits)	<input type="checkbox"/>				
FYS 100 - First Year Seminar (waived for Transfer students with 15 cr.)		3			
ENG 110 - Introduction to College Writing (can be met by transfer or higher placement)		3			
ENG 120 - College Research Writing		3			
COM 105 - Professional Presentations		3			
Mathematics - MAT 104 or above (3 credits)		3			
COMMUNITY AND COMPASSION (15 credits – 3 credits/group)	<input type="checkbox"/>				
See My Mount Mary Scheduling tools for category course list.	<input type="checkbox"/>				
Artistic Inquiry (ai)		3			
Human Connection (hc)		3			
Civic Engagement (ce)		3			
Scientific Inquiry (si)		3			
Global Perspectives (gp)		3			
GP includes a world language requirement: Met / Unmet					
COMMITMENT (6 credits)	<input type="checkbox"/>				
BUS 205 - Personal Finance		3			
Theology - Any core Theology course (3 credits)		3			
OTHER GRADUATION REQUIREMENTS (Additional information in the University catalog.)	<input type="checkbox"/>				
120 total credits required for graduation unless an accelerated program					

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**HUMAN BIOLOGY
 PRE-OCCUPATIONAL THERAPY CONCENTRATION**

MAJOR

Credits required: 51

Academic Year 2026-2027

Course Code	Course Title	Credits	Gr	Cr	Tm
	Required Biology courses:				
BIO 100	Introduction to Cell & Molecular Biology and Lab	4			
BIO 201	Cell Biology	3			
BIO 234	Anatomy and Physiology I and Lab	4			
BIO 235	Anatomy and Physiology II and Lab	4			
BIO 356	Developmental Biology and Lab	4			
BIO 411	Exercise Physiology	4			
	Other Required courses:				
CHE 113	General Chemistry I and Lab	4			
COM 105	Professional Business Presentations	3			
OCT 101	Orientation to Occupational Therapy	1			
OCT 201	Medical Terminology	1			
PHY 201	Physics I and Lab	4			
PSY 103	Introductory Psychology	3			
PSY 214	Developmental Psychology	3			
PSY 325	Psychopathology	3			
SOC 101 or ANT 102	Introductory Sociology or Cultural Anthropology	3 or 4			
	Required Statistics course (select 1 option):				
MAT 208	Statistical Literacy	3			
MAT 216	Statistics	4			
PSY 310	Behavioral Science Statistics	4			