Student: _____
ID #: _____ Major: _____

Mount Mary UNIVERSITY

The 4 Cs Core Curriculum Guide

Credits required: 30-36 credits Academic Year 2026-2027

Requirements within each of the 4 Cs	Met	Credits	Gr	Cr	Tm
COMPETENCY (9-15 credits)					
FYS 100 - First Year Seminar (waived for Transfer students with 15 cr.)		3			
ENG 110 - Introduction to College Writing (can be met by transfer or higher placement)		3			
ENG 120 - College Research Writing		3			
COM 105 - Professional Presentations		3			
Mathematics - MAT 104 or above (3 credits)		3			
COMMUNITY AND COMPASSION (15 credits – 3 credits/group)					
See My Mount Mary Scheduling tools for category course list.					
Artistic Inquiry (ai)		3			
Human Connection (hc)		3			
Civic Engagement (ce)		3			
Scientific Inquiry (si)		3			
Global Perspectives (gp)		3			
GP includes a world language requirement: Met / Unmet					
COMMITMENT (6 credits)					
BUS 205 - Personal Finance		3			
Theology - Any core Theology course (3 credits)		3			
OTHER GRADUATION REQUIREMENTS (Additional information in the University catalog.)					
120 total credits required for graduation unless an accelerated program					

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PSYCHOLOGICAL SCIENCE **MAJOR**

Credits required: 40 Academic Year 2026-2027

Note: 2.5 GPA required in major courses.

Course Code	Course Title	Credits	Gr	Cr	Tm
PSY 103	Introductory Psychology	3			
PSY 201	Professional Skills in Psychology	3			
PSY 250	Introduction to Research Methods	3			
PSY 310	Behavioral Science Statistics	4			
PSY 438	Experimental Psychology	3			
PSY 493	Psychology Capstone Seminar	3			
Plus a total of 18 credits of electives, including at least one from each group:					
Sociocultural group					
PSY 212	Cultural Psychology	3			
PSY 256	Social Psychology	3			
PSY 350	Psychology of Emotion	3			
PSY 365	Psychology of Personality	3			
Developmental/Applied group					
PSY 214	Developmental Psychology	3			
PSY 220	Industrial/Organizational Psychology	3			
PSY 230	Health Psychology	3			
PSY 325	Psychological Disorders and Mental Health	3			
PSY 340	Foundations of Sports Psychology	3			
Cognitive/Biological group					
PSY 245	Cognitive Psychology	3			
PSY 280	Behavioral Neuroscience	3			
PSY 330	Psychopharmacology	3			
PSY 360	Psychology of Learning	3			
Plus 1 of the following:					
ANT 102	Cultural Anthropology	3			
ANT 367	Anthropology of Women	3			
ANT 395	Topics in Anthropology	3			
SOC 101	Introductory Sociology	3			
SOC 220	Conflict Transformation and Peacebuilding	3			
SWK 210	Race, Gender, and Class	3			