Training Opportunities for Masters and Doctoral Students

Center for Behavioral Medicine
250 North Sunnyslope Road #128
Brookfield, WI 53005

Who We Are
The Center for Behavioral Medicine (CBM) is a state-certified mental health clinic providing a range of psychological services. A significant area of emphasis at our practice is Dialectical Behavior Therapy (DBT), an evidence-based treatment for borderline personality disorder and other disorders characterized by emotion regulation problems. In the DBT program, we offer individual psychotherapy, group skills training, and consultation team for our clinicians. Our staff includes LPCs, LCSWs, and Licensed Psychologists.

Opportunities for Students in Training
We accept students in training at both the masters and doctoral levels. The minimum weekly time commitment is 10 hours at the clinic, although students may choose to increase their hours from there. We ask for a minimum time period of 1 year in training. If students wish to remain in training for a longer period of time, this can be negotiated. Students often choose to extend their training period in order to gain additional or more diverse clinical experience. The training year begins in May, with applications being reviewed beginning in January.

Training Experiences for Masters Students
- Assessment rotation
- Co-facilitating DBT skills group
- Consultation team
- Supervision

Training Experiences for Doctoral Students
- Assessment rotation
- Co-facilitating DBT skills group
- Individual therapy rotation
- Consultation team
- Supervision

*If a student chooses to remain in training at the clinic beyond the initial year, the functions can be redistributed in order to provide additional experience as desired. Additional opportunities include participating in the research protocol.

For More Information
To learn more about the training opportunities at CBM, contact Dr. Kim Skerven.
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