Columbia St. Mary’s
Internship Training

Title of Rotation: Mental Health Intensive Outpatient Program
Level of Rotation: Intermediate/Advanced
Discipline: Psychology/Social Work
Place of Rotation: Women’s Hospital- Columbia St. Mary’s
2323 N. Lake Drive Milwaukee, WI 53211
Days/Hours: Monday, Tuesday, Wednesday, Thursday and Friday
mornings 8:00 a.m. to 12:00 p.m.; Minimum of three
mornings per week. Staff meeting, individual therapy, and
assessments as scheduled.
Total Hours/Week: 18-20 hours/week
Length of Rotation: Minimum of 2 semester commitment (can include a
summer)
Supervisor: Pam Elgin, LPC
Type of Supervision: Morning staffings, team staffings
Number of Students: 2 to 3

Rotation Description:

- The program applies many different therapy approaches with education to meet
the needs of a general mental health population. Patients are required to attend
three mornings each week 9:00am and 12:00 noon.
- Patients range in age from early adulthood through late adulthood, and participate
in skills training, education, group therapy and individual/couples/family therapy.
Patients have the opportunity to receive family therapy if needed, and
family/support educational sessions occur approximately twice monthly.
- The interdisciplinary may consist of psychiatrists, psychotherapists, social
workers, RNs and master/doctoral level psychotherapy students. The treatment
team meets daily for an interdisciplinary case conference where the patients’
progress and clinical issues, are discussed. About once a month this meeting also
includes staff development and team building.
General Requirements:

- Attendance for a minimum of 3 mornings per week.
- Attendance at weekly staff and supervision meetings.
- Co-Conduct assessments of people interested in the program.
- Co-Conduct individual, couple or family therapy sessions with patients.
- Co-lead programming.
- Work with an interdisciplinary staff.

Prerequisites:

- Completion of graduate course in group therapy/theory preferred
- Completion of graduate course in psychopathology preferred
- Prior psychotherapy practicum/field placement preferred

Clinical Experiences/Learning Objectives:

- Obtain training and experience in a mental health IOP setting.
- Obtain training and experience in applying CBT and other therapies to group and individual therapy.
- Obtain training and experience with different mental health presentations, their manifestations, clinical complexity, and treatment.
- Obtain training and experience in completing assessments and recommending appropriate levels of treatment.
- Obtain training and experience in individual and group therapy.
- Participation in interdisciplinary team consultation.
- Participation in aftercare planning.
- May have exposure to family therapy and education.
- May have exposure to inpatient and/or partial hospital programming.
- Opportunity to assist with treatment planning and aftercare planning.
# Compliance Checklist

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<td>CSM Contact:</td>
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I certify that the above-listed student has met all of the requirements as stipulated in the Master Affiliation Agreement between Columbia St. Mary's and above school. I have put my initials next to all of the statements that have been completed by and apply to this student.

- Student has read and signed the Columbia St. Mary's Student Acknowledgement Form.
- Student has read and understands Patient Rights.
- "Mandatory Education" modules online.
  - Corporate Responsibility (OSHA)
  - General Safety (OSHA)
  - Infection Control (OSHA)
  - Diversity & Cultural Competence
  - Management of MultiDrug-Resistant Organisms (MDROs)
- Health Screening which includes:
  - Health assessment that includes a history of communicable diseases, including varicella (chicken pox), rubella (German measles), measles, mumps, hepatitis, immunodeficiency, skins conditions and risk factors or treatment for tuberculosis.
  - Satisfactory results from an initial one step tuberculin skin test for individuals who have not had a documented negative TB test result in the preceding twelve months.
  - Vaccination or confirmed immunity against rubella or rubeola, for individuals born in 1957 or later.
  - Offer of vaccination, positive history or confirmed immunity against varicella.
  - Offer of Hepatitis B vaccine to those who potentially may be exposed to blood and body fluids and documentation of vaccination or refusal of vaccination.
- Background Check in accordance with the Wisconsin Caregiver Background Check Law. (attach documentation)

**Signature of Instructor/School Education Coordinator**

**Date**

This Compliance Checklist must be on file at Columbia St. Mary's Human Resources Department PRIOR TO the start of student’s experience. (414) 326-2603 fax

- Student Acknowledgement form (school maintains for files)
- Diploma of CSM Mandatory Education (school maintains for files)
- Health Screening (school maintains for files)
- Background check (Attach documentation. If record, CSM Human Resources must clear for student placement)

3/15/11 Forms Student
Behavioral Medicine

*Bringing Life Back into Focus*

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**Behavioral Medicine**

When challenging life circumstances result in a decrease in emotional or behavioral functioning, feelings of helplessness and hopelessness can follow. Unresolved, these life circumstances can lead to debilitating mental health conditions or chemical dependency.

At Columbia St. Mary's, our Behavioral Medicine Services are designed to help and support you and your family through challenging times and serious conditions. We provide treatment for mental illness and addiction in an environment of respect, dignity and compassion.

Our Staff

Our experienced team of qualified and dedicated mental health and substance abuse professionals is dedicated to the highest standard of care. We design treatment to fit each person's individual needs.

Our Services

We offer treatment for the following disorders:

- Alcohol and Drug Dependence
- Chronic Mental Illness
- Coping with Physical Illness
- Depression
- Emotional and Cognitive Issues of Older Adults

Specialty Services:

- Detox services
- Electroconvulsive Therapy

Care Settings

Depending on your needs and our treatment recommendations, we provide care in several settings to provide the most effective treatment.

**Inpatient Hospitalization** provides coordinated, short-term, intensive treatment for adults and older adults with acute episodes of mental illness.

**Partial Hospital and Intensive Outpatient Programs** provide structured, time-limited transitional services for adults experiencing serious impairment in psychosocial functioning or are struggling with an addiction.

Insurance

Behavioral Medicine services are covered under most major health care plans, including Medicare and Wisconsin Medicaid.

Access to Services

Access to services may be made by referral or direct inquiry. Please contact our intake staff at (414) 291-1620 or (800) 457-6004 for more information or to schedule an assessment.

Locations

**Inpatient Behavioral Medicine**

Columbia St. Mary's Hospital Milwaukee
2301 N Lake Dr.
Milwaukee, WI 53211

Columbia St. Mary's Hospital Ozaukee
13111 N. Port Washington Rd.
Mequon, WI 53097

**Intensive Outpatient Programs**

Columbia St. Mary's Women's Hospital
2323 N. Lake Dr.
Milwaukee, WI 53211

Columbia St. Mary's Huiras Center*
13111 N. Port Washington Rd.
Mequon, WI 53097

*It is with deep gratitude that we thank Ralph J. Huiras for his generous support for The Huiras Center.

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http://www.columbia-stmarys.org/Behavioral_Medicine

9/1/2011
Columbia St. Mary's
Guide to Completing the Compliance Checklist *

1. Go to http://columbia-stmarys.org

2. On CSM home page, in lower right-hand corner scroll box select “Pre-Placement Resource Center – For Students and CSM Quick Start Employees.”

3. At the Pre-Placement Resource Center webpage, select Students >> Student Requirements.

4. About ¼ down the page, select Compliance Checklist Form.

Print “Compliance Checklist”. Complete, date and sign checklist:
- Item 1 - Select Student Acknowledgement Form
  Student reads and signs document (attach signed document).
- Item 2 - Select Patient Rights - Student reads Patient Rights.
- Item 3 - Online Mandatory Education
  Student completes all CSM Mandatory Education modules online.
  After successfully completing the mandatory education assessment, make sure to print out the diploma and attach it to the
  “Compliance Checklist.”
- Item 4 - Health Screening
  Student completes health assessment and requirements (can be conducted at student health center or medical facility of choice).
  Attach supporting documentation of successful completion.
- Item 5 – Wisconsin Caregiver Background Check
  Go to http://wi-recordcheck.org. (Cost covered by school.)
  Attach necessary documentation to “Compliance Checklist”
- Signature - “Compliance Checklist“ is to be signed by the School Education Coordinator to accept responsibility of student completion of all requirements as outlined in the Master Affiliation Agreement.

5. Send (1) completed “Compliance Checklist” and (2) background check to specific CSM Student Coordinator or directly to:

  Student Programs - LL
  Human Resources
  Columbia St. Mary’s – Ofc Cntr
  4425 North Port Washington Road
  Glendale, WI 53212
  (414) 326-2632; (414) 326-2603 fax
  LLawrenc@columbia-stmarys.org

  Please note that all other supporting documentation should be kept with the School Education Coordinator and must be readily available in the event an audit of compliance is conducted at CSM.

  Semester Deadlines: Fall-July 15th; Spring-November 15th; Summer-May 15th.

* Note to School Education Coordinator: there must be an active Master Affiliation Agreement between Columbia St. Mary's and the School before students can begin at Columbia St. Mary's. To initiate the contract process, please contact llawrenc@columbia-stmarys.org. Thank you.