What is a certified peer specialist (CPS)?

The Recovery Center is a peer-run, drop-in center staffed by certified peer specialists that offers a low-pressure environment and a support system.

Examples of activities offered to members:
- Access to basic necessities
- A venue for open conversation
- A safe and welcoming social setting for individuals with mental health and/or co-occurring needs
- Sharing experience, strength, and hope with others, including members with similar experiences
- Educational support and psychoeducation
- Assistance with locating community activities, arts and crafts, community
- Developing wrap plans and self-care

Components:
- Socialization opportunities
- Vocational services and education
- Recreation, education, and health and wellness

Members:
- Impact people's beliefs about makers, CPS can significantly
- Members' mental health
- That "recovery is real" in recovery to carry the message of lived experience in supportive and effective ways
- Is a person who has been trained to effectively share his/her lived experience in supportive and effective ways
- That emphasizes mental health.
Goals of The Recovery Center

- Making skills.
- Leadership and decision opportunities.
- Improve their independence via pre-vocational, vocational, and activities of daily living opportunities.
- Increase their opportunities for self-sufficiency.
- Increase their socialization opportunities.
- Decrease their incidence of hospitalization.

Our mission is to provide children, youth, and families with quality, comprehensive services to nurture health, family life and enhance community stability.

Recovery Center
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La Causa, Inc. Recovery Center

Provide members social connectedness with peers to enhance recovery.