The Residential Treatment Program offers comprehensive therapeutic intervention for adolescent girls and young women (ages 12-18) in need of 24-hour supervision in a structured and safe environment. The program specializes in helping adolescent girls and young women with severe emotional and behavioral challenges. Treatment staff works with the girls and young women to bring about positive change in behavior, social skills, life skills, emotional controls, self-concept, and academic skills. The overall treatment experience focuses on the development of therapeutic relationships that help girls and young women experience trust and build positive coping skills that will enable them to succeed in a less restrictive setting.

Admission
Referral information should be sent to the Coordinator of Residential Services via fax, mail, or e-mail. The Coordinator of Residential Services will then contact the referral source to obtain any additional information and arrange a time to interview the adolescent at their current placement. The referral source will be contacted after the interview to discuss the placement and confirm admission. Placement of the adolescent into the Residential Program will take place upon the completion of all required paperwork by the parent or legal guardian.

Assessments
Upon admission, adolescents complete the following assessments:
- Psycho-social
- Educational
- Leisure/Recreation
- Psychiatric
- Nutritional
- Medical
- AODA

Services Offered
The Residential Treatment Program offers a full range of services to adolescent girls and their families. They include:
- Therapeutic living experience
- Individualized treatment plan
- Family, group, and individual psychotherapy
- Nursing and dietary services
- Individualized on-grounds school program
- After care planning
- Social skills development
- Structured and supervised activities within the community
- AODA individual and group therapy
- Equine Therapy

Daily Living
The Residential Treatment Program has a structured, supervised daily living unit staffed by trained professional youth care workers. The adolescents have a daily schedule that includes a morning routine to prepare for the day, an on-grounds school, scheduled homework time, recreational and personal free time, along with planned meal times. There is also an on-site therapist who conducts weekly therapeutic groups and is available for individual and family therapy needs along with any type of crisis counseling.
**SHORT TERM ADOLESCENT GIRLS EVALUATION AND STABILIZATION PROGRAM (STAGES)**
St. Rose Youth & Family Center
Milwaukee, Wisconsin

St. Rose Youth & Family Center, Inc. is located at 3801 N. 88th Street. Our campus contains a main building, surface parking lot, gymnasium with a full kitchen, and an outdoor recreational area on well-maintained, landscaped grounds. The design of the building facilitates multiple program use. The area designated for the STAGES Program provides private access from the 88th street sidewalk to the STAGES Center. As you enter the center from the front door, you walk from the foyer onto the first floor that contains a full kitchen and dining area, pantry, living room, full laundry facility, activity area, and two staff offices. An open stairway leads you to the second floor where the 9 bedrooms, 2 bathrooms and two storage areas are located. This is a self-contained center that operates independently from the other programs at St. Rose.

The basis of this 20-day program is to focus on building relationships with the adolescents placed in the STAGES Program. This will be accomplished by working with the adolescents on their referral behaviors, building self-esteem and positive relationships, and implementing a motivational system. The adolescents are placed in the STAGES Program due to difficulties in their past placement and the need to stabilize their behavior while they await future placement.

**Admission**
STAGES will only accept placement of adolescents who have been authorized by the BMCW. Wraparound placements must first be coordinated by BMCW's Out of Home Care Center. Placements can be made 7 days a week, 24 hours a day unless there is no vacancy or we are under a health quarantine. The placing worker is also required to bring the BMCW placement packet and fill out the Placement Stabilization Center Admission Form.

**Assessments**
The assessment of the adolescent includes consideration of their basic and fundamental needs-physical, emotional, familial, educational, spiritual, developmental, social, and recreational. Assessments include the admission assessment, formal internal assessment, leisure assessment and, if needed, a nutritional assessment completed by our Dietitian.

Assessments available on site but purchased separately include Psychosocial, Educational, Psychiatric, AODA, and Psychological Evaluations.

**Educational Services**
Adolescents placed in the STAGES Program will be required to attend school daily. If the student is not enrolled in school or refuses to attend school, we will provide age appropriate school materials for the student to work on during our daily education activity time.

**Recreational/ Social Services**
Recreational activities will occur in the evenings and on the weekends. Youth Care Workers will plan and facilitate activities that will allow the adolescents to explore individual interests, develop social and interpersonal skills, provide physical exercise and increase their ability to choose and participate in personally rewarding leisure activities. Activities will take place on grounds and in the community.

**Daily Routine/ Rules**
A daily routine has been developed to provide the adolescents with a consistent and well-structured day. This routine is posted on the unit and reviewed with the adolescent upon placement. Unit rules and a behavior/consequence sheet are also reviewed.
Rosie's Place Group Home specializes in building relationships with two specific types of young women: those who have a history of delinquent behavior and those who are aging out of the foster care system. Our Youth Care Workers support and educate these young women through group therapy, community meetings, recreational activities, and career development, with the ultimate goal of a successful transition to independent living.

Admission

Young women are referred to Rosie's Place through Wraparound Milwaukee (WAM) care coordinators, a WAM liaison, and/or various social workers from the surrounding counties. Prior to admission to the program, a parent or legal guardian will be required to sign admission paperwork. During this process, staff will also gather any information about each girl and her history that will help them to better understand and accommodate her individual needs.

Program Structure

Rosie's Place operates under a self-governance model of care and structure. The young women, in this approach, are encouraged to invest themselves in their home environment. Leadership, cooperation, and compliance with reasonable and developmentally appropriate rules are all key skills that are incrementally developed and improved over time. Our program structure relies upon a privilege system that presumes the maximum appropriate privileges at the beginning of a girl's placement in our care. As a means of shaping girls' behavior, consequences for behavioral problems or other concerns will focus on the logical, temporary reduction of privileges. Involvement in recreational activities is considered a right rather than a privilege; thus, these rights will not be suspended for a girl, except for reasons concerning her safety. Reflecting our commitment to recreation as a key component of healthy living, a unique recreational opportunity— that of an equine therapy program—is available to girls living in Rosie's Place.

Daily Living

Schedules within Rosie's Place are responsive to individual needs. Our Program Manager works to accommodate our girls' commitments to different schools, extracurricular activities, jobs, and family relationships. Youth Care Workers guide the young women toward an understanding of time management, in order to achieve well-defined outcomes.

Our topic groups (life skills, relationships, violence, drug and alcohol use, teen pregnancy prevention, and safety planning) educate the young women, providing them a forum amongst other peers to process through these difficult issues, while our experienced Youth Care Workers facilitate and guide the discussion.

At Rosie's Place, Youth Care Workers are always present to provide support, nurturing, and safety within the home, where they teach and encourage the young women.

Every other week, a "family night" is planned— including dinner and social time for the young women, along with their families and other significant people in their lives, so that their positive support systems can strengthen and grow. Young women who have successfully transitioned into the community can serve as mentors to current residents, providing support and heartfelt encouragement, both during their stay and after their transition to a new home.
Crossroads to Independence
Group Home
3805 North 88th Street, Milwaukee WI
Phone: 414-466-3009 Fax: 414466-0730
www.strosecenter.org

Crossroads Group Home specializes in building relationships with young women who have a history of chronic runaway behavior as well as those young women who are aging out of the foster care system. Youth Care Workers support and educate the young women through group therapy, community meetings, activities, and job development skills with the ultimate goal of a successful transition to independent living.

Admission
A pre-admission interview is conducted with the young woman and the program manager to gather information and to discuss the group home structure and expectations. The program manager also contacts the parents, guardians, and other significant individuals in the young woman’s life in order to establish an extensive history and to determine her current level of functioning. Through information sharing, the collaborative decision-making process begins and determines whether Crossroads is a suitable placement for the young woman. Prior to admission, a parent or guardian must sign the required paperwork and consents.

Daily Living
Crossroads Group Home is based on a self-governing milieu philosophy. This allows the young women to have a strong voice in activities, meal planning, rules, daily routine, and privileges.

A licensed therapist is available for individual and group counseling. There are topic groups (i.e., life skills, relationships, violence, drugs and alcohol, teen pregnancy prevention, and safety planning) to educate the young women and to give them a forum in which to talk to peers regarding issues that impact their lives. The residents also have the opportunity to participate in an equine therapy program. Youth care workers provide support, nurturing, and safety within the group home; they teach and encourage the young women as they practice life and job development skills. Every other week a family night is planned. This includes dinner and social time for families and other significant individuals in the young women’s lives in order to keep their support networks strong and connected through positive activity. Young women who have successfully transitioned into the community after utilizing services at St. Rose will serve as mentors to the residents in the Crossroads program, providing community support and heartfelt encouragement throughout their stay and after they are discharged.

Assessments
Within 45 days of admission, the following assessments are completed:
- AODA
- Anger Management
- Ansell-Casey Life Skills
- Attachment Issues
- Depression
- Educational
- Health/Sexual History
- Life Skills
- Psychosocial
- Recreation/Leisure
- Runaway Profiling Behaviors

These assessments are completed through face to face interviews and utilizing standardized testing tools. An Individualized Care Plan is then completed to address the distinct needs of each young woman admitted to the program.