To register for Crossing Bridges, or to receive additional information, including session dates and times, please contact:

Jill Wargolet, Program Director
The Youth and Family Project, Inc.
139 North Main Street, Suite 111
West Bend, Wisconsin 53095

Office Line  (262) 338-1661
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www.youthandfamilyproject.org

The Youth and Family Project, Inc., founded in 1975, is a private, non-profit agency, with offices located in Ozaukee and Washington Counties. Dedicated staff and volunteers provide a variety of education, support and counseling services aimed at reuniting the family divided by crisis and enriching family relationships. All programs and services are free of charge, confidential and anonymous.

Agency funding is received from the United Way, county, state and federal sources, and private and corporate donations.

Presented By:
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Communication between parent and child will lead to their understanding of their feelings and the framework of their thoughts. Children's feelings and thoughts are expressed through their behaviors and actions. Creating an environment where children feel safe and supported will enable them to express their feelings through art, music, and other creative outlets. During times of transition, children will develop coping mechanisms and strategies to manage their emotions.

**Program Curriculum**

Coping mechanisms are important for children to develop. Art, music, and other creative activities can help children express their feelings and emotions. These activities provide a safe space for children to explore their thoughts and feelings.

**Crossing Bridges**

The grieving process has two stages:

1. **Resolution** - Acceptance of the loss
2. **Integration** - Learning to live with the loss

When the reality of the situation sets in, it is important to help children process their emotions. Acceptance and integration take time and patience. It is important to support children and encourage them to express their feelings.

**Experiencing a Loss**

When a child experiences a loss, it is important to provide support and understanding. Encourage children to express their feelings through creative outlets and provide a safe space for them to explore their emotions.
Outcome Achievement

We believe that the effectiveness and quality of any program or service is best measured by those it serves. In addition to statistical data and our own evaluation of performance, The Youth and Family Project determines program success by what our program participants have to say. Some of their opinions are listed below:

"What I liked best about the program was sharing and brainstorming with other parents who are going through similar circumstances as I am."

A Parent
Turning Points

"I think that going through this program will help me make better choices, because I will think before I do something."

Youth Participant
Turning Points

"The support and friendship that I've been given, has helped me in raising my child."

Teen Parent
Healthy Families

"Since I've come into Transitional Housing, I feel less stressed and more grounded, like I really have a place in life. I don't have to worry about where I am going to sleep, or if I'm going to have something to eat. I still have to find a job, but it's a lot easier when you're not living on the street."

19 Year Old Man
Transitional Housing Program

"The support that I received was a God-send! It gave me the courage to take that first step toward becoming independent."

Mother of Three
Homeless Prevention and Rapid Re housing

The Agency

The Youth and Family Project, Inc., founded in 1975, is a private, non-profit agency, with offices located in Washington and Ozaukee Counties. Staff and volunteers are dedicated to providing a variety of counseling, education and support services, aimed at enriching relationships and reuniting families divided by crisis. All programs and services offered by The Youth and Family Project are confidential, anonymous and free of charge.

The Youth and Family Project, Inc. is licensed in the state of Wisconsin as a 501(c)(3) charitable, non-profit organization. Funding is received from the United Way, county, state and federal sources, corporate and private donors.

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Helpline (800) 924-3555
E-Mail yfpwash@excel.net

Ozaukee County Office
885 Badger Circle
Grafton, Wisconsin 53024
Office Line (262) 375-4683
Facsimile (262) 377-7370
E-Mail yfpozauk@excel.net

www.youthandfamilyproject.org

The Youth and Family Project, Inc.

- ACCOUNTABILITY
- COUNSELING
- EDUCATION
- OPPORTUNITY
- SUPPORT

"Helping Families Succeed" - Since 1975 -
Services Available for Youth

- Individual Counseling
  Counselors are available for in school sessions
  Office visits also available
- Family Mediation Counseling
  Strengthening families problem solving and communication skills
- Psycho-educational /Support Groups designed to meet the needs of youth:
  Stress, Anger, Loss/Grief, Coping and more
- Independent Living * (Foster Care Support / Assistance
- Transitional Housing *
  (youth ages 18-21)
- Healthy Families*
  (Pregnant or Parenting teens)
- Outreach Services and Presentations
- 24-Hour Family Helpline *
  1-800-924-3555

The Youth and Family Project Inc,
"Helping Families succeed since 1975"

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* Services available in Washington County Only
Communication
Relationships
Self-Esteem
Safety
Anger Management
Coping Skills
Stress Management
Decision Making

Youth and Family Project Inc.
West Bend, Wisconsin 53095

Runaway Information, etc.
Self-Esteem, Depression,
Stress, Teen Pregnancy,
prevention, etc., are
available.

Outreach Presentations
Students to attend.
Dynamic and inviting for
today's students.
Designed to meet the needs of
social emotional learning.

County Schools:
Washington and Ozaukee

Who can request services?
Friends
Looking for someone to talk to
Youth
coping skills
Law Enforcement
When a student needs additional support
School Staff
easy answers
Parents
Parenting is tough, job with out

Today's Youth
 Passage from adolescence
...conflict many challenges
...to adulthood
If you or someone you know would like to receive additional information about the Healthy Families Program, contact:

The Youth and Family Project, Inc.
Attn: Healthy Families Program
139 North Main Street, Suite 111
West Bend, Wisconsin 53095

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Facsimile (262) 338-7761
Helpline (800) 924-3555
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Home Vision and Mission

Healthy Families Home Visits

Healthy Families Home Visits is a follow-up to a family's Home Visits. The visit will be set to a family's convenience. The visit will begin with an assessment of the baby's physical, mental, and social development. The visit will also include an opportunity for the family to learn about community resources that are available to them. The visit will also include an opportunity for the family to learn about community resources that are available to them.

Goals and Objectives

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Referral and Interview

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Vision and Mission

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The Youth and Family Project, Inc., founded in 1975, is a private, non-profit agency, with offices located in Ozaukee, Washington, and Waukesha Counties. Staff and volunteers are dedicated to providing a variety of counseling, support and educational services aimed at reuniting the family divided by crisis and enriching family relationships. All programs and services are free of charge, confidential and anonymous.

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1570 E. Moreland Blvd.
Waukesha, Wisconsin 53186
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Helpline (262) 212-8350
Facsimile (262) 547-7707
Email yfpwaukesha@excel.net

www.youthandfamilyproject.org
Just the Facts

- Over 50% of youth living on the street report that their families told them to leave or didn't care.
- 47% of runaway/homeless youth believe family conflict is the main reason for their situation.
- Youth between the ages of 12 and 17 are at higher risk of homelessness than adults.
- Each year in the United States, between 1.6 and 2.6 million youth run away.

As a Parent...

- Do you wonder if your child is a teen? There may be easier spending time together. Knowing how to
- Support your child isn’t easy. It may be

As a Teen...

- Do you feel like giving up or running away? You know that things just aren’t working out. You’re feeling depressed or feeling overwhelmed and you’re having trouble making decisions. You have no idea what’s going on and you’re scared. Things can be

Crossroads Runaway Program

We Can Help...

- Educational, hands-on training support
- Additional help
- Information and referrals to sources of
- Emergency shelter
- Services and immediate access to programs
- Crisis intervention and counseling
- Programs are free of charge and include:
- Support and resources
- Services offered through the Crossroads Runaway and Homeless Youth Program
- Prevent the incidence of runaway
- Greenway Referral Program
- Washington, D.C., and Virginia...
"Helping Families Succeed"
- Since 1975 -

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Staff and volunteers are dedicated to providing a variety of counseling, support and educational services, aimed at enriching family relationships and reuniting the family divided by crisis.

All programs and services offered by The Youth and Family Project are anonymous, confidential and free of charge.

Funding is received from the United Way, county, state and federal sources, as well as corporate and private donors.

- A United Way Agency -
The completed plan is a powerful tool for both parents and children. It helps parents to identify and focus on their child's strengths and challenges. The plan also provides a clear guide for daily activities and routines.

**Tuning Points**

- Identifying strengths and challenges
- Setting clear goals and objectives
- Developing a consistent routine
- Monitoring progress and making adjustments

**Power of Choice**

- Providing options and choices
- Respectful communication
- Encouraging problem-solving
- Building independence and self-esteem

**Active Parenting**

- Setting clear boundaries
- Consistent and positive reinforcement
- Providing opportunities for learning and growth
- Fostering a safe and nurturing environment

The complete plan can help parents and children work together to create a successful and fulfilling relationship.
THE AGENCY
AND ITS MISSION

"Helping Families Succeed"
- Since 1975 -

The Youth and Family Project, Inc., founded in 1975, is a private, non-profit agency, with offices located in Washington and Ozaukee Counties.

Dedicated staff and volunteers provide a variety of counseling, education and support services aimed at reuniting the family that has been divided by crisis and enriching family relationships.

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COUNSELING AND SUPPORT SERVICES FOR YOUTH AND

The Runaway Program
Transitional Housing
FEMA Funding
Street Outreach Program

THE YOUTH AND FAMILY PROJECT, INC.
WASHINGTON COUNTY OFFICE
139 NORTH MAIN STREET, SUITE 111
WEST BEND, WISCONSIN 53095
Family Program Inc.

The Youth and Family Project is an agency that serves youth and families. It provides services such as emergency management, youth programs, and family counseling. The agency's goal is to help youth and families navigate through their challenges and achieve independence. The project offers a range of services, including crisis intervention, housing assistance, and education support.

The program focuses on providing resources and support to youth and families, particularly those who are homeless or at risk of becoming homeless. It offers a range of services, including case management, housing assistance, and education support.

For more information, please contact Family Program Inc. at (608) 924-3533.